



SANDWICHES

Roasted Turkey & Smoked Mozzarella

Oven roasted turkey breast & smoked mozzarella with green leaf lettuce, tomato, & our sundried tomato mayo on Honey Whole Wheat \$6.50

Veggie

Our own hummus with green leaf lettuce, tomato, cucumber, red onion, shredded carrot, alfalfa sprouts & olive tapanade on Three Seed \$6.50

Roast Beef & Swiss

Prime cut roast beef, swiss cheese, green leaf lettuce, tomato, red onion & our horseradish mustard dressing on Three Seed \$6.70

Albacore Tuna

The finest solid white, water-packed tuna, light on the mayonnaise, shredded carrot, celery, poppyseeds & dill on Old Fashioned White \$6.85

Pesto Chicken Salad

All-white chicken breast, pesto with pine nuts, shredded carrot, celery, & mayo with lettuce & tomato on Honey Raisin \$6.85

Viva Italiano

Smoked ham, genoa salami, provolone, lettuce, tomato, red onion, red pepper, mayo & hot oil sliced Italian \$6.70

Ham & Swiss

Lean smoked ham, swiss cheese, green leaf lettuce, tomato & honey mustard on German Rye \$6.50

Peanut Butter & Preserves

All natural peanut butter with a choice of strawberry or raspberry preserves on Old Fashioned White \$3.75

Turkey Club

Classic club packed with roasted turkey, crisp bacon, lettuce & tomato on toasted Old Fashioned White\$7.35

B.L.T.

Crisp bacon, lettuce & tomato with mayo on Old Fashioned White.....\$5.45

Black Pastrami & Swiss

Black pastrami, swiss cheese, balsamic, fresh greens, whole grain mustard & fig preserves on toasted Three Seed.....\$8.95

Tarragon Egg Salad

Topped with tomato, lettuce & sprouts on toasted Three Seed.....\$6.85

Grilled Cheese

Choice of bread with cheddar, swiss, provolone, smoked mozz or dill harvarti \$3.75

Add To Any Sandwich

Tomato .25 Bacon .75 Avocado 1.00 Pesto .75 Cheese .50

SOUP & BREAD

Hearty all natural soups with your choice of a fresh slice from our breadboard.

Cup \$3.75

Bowl \$4.75

PANINI

Grilled on French bread

Roasted Turkey

Roasted turkey, tomato, dill havarti & our sundried tomato mayo..... \$7.50

Roast Beef

Roast Beef with our creamy herbed cheese spread, roasted red pepper, red onion & horseradish mayo.....\$7.50

Pesto Veggie

Sundried tomato mayo, our own pesto, roasted red pepper, tomato, alfalfa sprouts & provolone \$7.50

Italian

Smoked ham, genoa salami, red onion, roasted red pepper, tomato, provolone, mayo & hot oil \$7.50

SALADS

Garden

Fresh greens, cherry tomato, red pepper, carrot, red onion, cucumber & alfalfa sprouts. Available with a scoop of chicken or tuna salad.

Small \$3.50 or \$5.00 w/ Scoop

Large \$4.50 or \$6.00w/ Scoop

Greek

Cucumbers, red pepper, red onion, feta & kalamata olives tossed with fresh greenssm 5.00 lg \$6.30

Chef

Our garden salad topped with egg, turkey, ham and swiss sm \$6.25 lg,\$7.30

LUNCH COMBOS

Half sandwich & cup of soup or small salad.....\$7.10

Cup of soup & small salad \$7.10

Half panini & cup of soup or small salad \$7.30

Lunch Hours

Market House 28 Monument Sq. 11 to 5 Monday-Friday/ 11 to 3 Saturday/ 11 to 2 Sunday

228-2040